

Important Items for the Basketball Season

Organization:

Most communication will come from Chesed Reyes. Each team will have a team parent who will assist with transportation, contracts/league permission forms, game refreshments and spectator sportsmanship. If you need help with transportation to weekend games, please contact the team parent.

Assessments:

Four hours of assessments will be conducted by the coaching staff. The main criteria used by the coaches include: coachability, attitude, sportsmanship, shooting and rebounding ability, ball handling skills, strong and weak hand lay-up, passing and court vision, conditioning, willingness to improve, and effort.

Practices:

Boys playing basketball will practice at Town School; you may want to give your sons 5 minutes to get to their lockers prior to pickup.

***Practices begin the week of November 23, 2009**

6th Grade

Mondays: 3:30-5:00

Wednesdays: 5:45-7:15

7th Grade

Tuesdays: 3:30-5:00

Thursdays: 5:45-7:15

8th Grade

Mondays through Thursdays: 2:40-3:40

Study Hall on Wednesdays and Thursdays

On Wednesdays and Thursdays you will notice that 6th and 7th grade boys practice from 5:45 – 7:15PM. Boys can go home prior to practice or remain at school until practice begins. Boys remaining at Town will either go to extra help or the library until 4:00PM. Study hall is available from 4PM to 5:30PM at no charge to families – 6th grade on Wednesdays and 7th grade on Thursdays. This extra supervision is a privilege for the boys, the expectation is that boys use this time wisely. We would like to ask that parents supply boys with a substantial snack and healthy drink for those evening practices. Boys will have time to snack during study hall.

The Athletic Department works hard at instilling individual responsibility in our student athletes. We ask that boys email their coaches and cc the Athletic Director when they must miss a practice or game. We realize this responsibility varies from grade to grade and boy to boy, and any assistance you can provide with reinforcing this line of communication would be greatly appreciated. Our philosophy is that great learning takes place during practice, missed time matters. Coach's names and email addresses are available on the Athletic Pages of our website under the particular sport your son is participating in.

Practice Items:

Basketball– boys should bring a pair of shorts, practice pinnie (provided by Town), socks and good quality, non-marking basketball shoes with ankle support. We encourage players to have a separate athletic bag to carry all the necessary game and practice gear. Boys should bring a reusable water bottle with their name on it. Parents are welcome to observe the last 10-15 minutes of practice.

Game Items:

Basketball – boys need to bring their Town School Uniform, white socks, and basketball shoes. **Players may wear solid color, logo-free undershirts as long as it is the same color as the uniform (blue).** Shirts that have been cut off by hand will not be permitted. We want our players to not only play as a team but look like a team.

BAIAL League (Bay Area Interscholastic Athletic League)

Team parents will ask for drivers to drive boys to each away game - please do what you can. Parent drivers will return boys to Town School after the game/meet if needed – please let team parents know prior to the day of the event. Most schools are about 30-45 minutes away and basketball games typically last between 60-75 minutes. Once league games begin, practices will be limited. Some optional practices may be scheduled on the weekends. All teams playing in the BAIAL (6-1, 7-1, and 8-1), will participate in the Bull Dawg Holiday Tournament, Dec. 5-6, (<http://www.dawgsclub.com/home.html>). These teams were selected to participate because the BAIAL season is 2-3 weeks shorter than the CYO season.

CYO League (Catholic Youth Organization)

Team parents can assist with carpools if needed. Games take place in the San Francisco Bay Area on Friday evenings, Saturdays or Sunday afternoons; parents are expected to drive their sons to and from each game. Please contact the team parent if you are in need of a carpool. CYO playoffs and championships will be Monday, February 8 - Sunday, February 21. Please note that this is during Town's February break.

Expectations at Games

We encourage family and friends to attend as many games as possible. Spectators are asked to keep comments supportive, and not instructional. It can be confusing for a player when different instructions are given from each sideline. Please review our Code of Ethics prior to the season, http://www.townschool.com/athletics/pdf/04_05_code_of_ethics.pdf

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Equipment and Uniforms

Please do not put uniforms in the dryer. Boys are responsible for bringing their equipment to practices and uniforms to games. All players will receive a uniform and reversible practice pinnie at the start of the season. Uniforms may be worn to games only. The cost for a lost uniform is \$100 and a pinnie is \$25. Boys may need assistance with organization. My recommendation is that each family have a list of “practice items” and “game items” available for the boys. A system for organization with regard to athletic items is to ask the boys to collect needed items to be checked by parents. This system over time will hopefully enable the boys to do this completely on their own.

Game Eligibility

Boys need to arrive to Town School by 12:00PM to be eligible to participate in weekday games. An exception will be made if a player has a scheduled high school visit and informs the AD and coach before the day of the game.

Contact Information

All schedules will be posted on the Town School Website. First go to “Athletics” then to the appropriate sport, grade and team. Daily updates will be made on the Town School Sports Line which is 415-921-6335 extension 300. The Town web calendar is also kept up to date with all game changes. Please visit: <http://www.townschool.com/Webevent/scripts/webevent.plx>*

**You can also sign up to receive change notifications via the web calendar.*